

# Niah National Park

Millions of bats and swiftlets, numerous historical sites, ancient tombs and a primary rainforest come together to enchant visitors at this national park. Sprawling over 3,238ha, Niah National Park enjoys great popularity among history lovers and researchers for its archaeological significance. The Great Cave here was inhabited by prehistoric men nearly 40,000 years ago. Among the relics unearthed include Neolithic paintings and Paleolithic artefacts. Another attraction is the Painted Caves, where depictions of human-like figures were found near an ancient burial site. Niah National Park is accessible from Miri and Bintulu. It is situated about 109km from Miri or 131km from Bintulu.

Must do:

- Explore the forest trails
- Visit the iban longhouse nearby
- Enjoy a boat ride
- Explore the Great Cave to see the excavation sites
- Visit Niah's famous Painted Cave