

Taman Negara (National Park)

Discover the wonders of an ancient forest at Taman Negara. Pitch tent or check-into this forest reserve and bask in the natural surroundings of the Taman Negara park.

A virgin jungle expanse covering 4,343 square kilometres, Taman Negara was established in 1939 and is the largest park in peninsular Malaysia reputed to be The Best Kept Tropical Rainforest, thanks to its protected status.

Visitors will wake to the drone of cicadas, the chirping of bird species new to them and a myriad of other unfamiliar sounds that form a consistent cacophony unique to rainforests.

The ancient life forms that blanket Taman Negara are impressive and during each visit, Taman Negara gives its visitors the opportunity to glimpse at the flora and fauna species estimated at 10,000 plants, 150,000 insects, 25,000 invertebrates, 675 birds, 270 reptiles, 250 freshwater fish and 200 mammals. Some of the flora and fauna found in Taman Negara are rare or indigenous to this country.

Things to do at Taman Negara include river cruises, guided walks, bird watching, fishing, swimming by waterfalls and night safaris.

The world's longest suspended canopy walk is the most popular activity in this rainforest and you have to be prepared to queue for a while. Secured 40 metres above the forest floor, visitors have a good vantage point from here and if lucky, you can sight some curious animals. The only people who are allowed to hunt and forage are its original inhabitants, the Orang Asli people who still live a nomadic lifestyle. They farm, fish and hunt in the park and nowadays play host to curious visitors armed with flashy cameras. The women may shy away but the men folk can put on a show with some advance notice.

Travelling to Taman Negara, guests can either do the four hour scenic drive down or board a coach from a designated location in Kuala Lumpur for a 3 hour drive down followed by a 3 hour boat trip down river.

Nature Lovers' Paradise

Since ancient times, adventurers and explorers have come to Malaysian shores, attracted by its diverse natural wealth and embraced by its gentle people. Today, Malaysia is known around the world as a destination for a host of nature-based activities and ecotourism.

More than half of Malaysia's 329,758 sq km surface is covered by tropical rainforests that host a bewildering array of exotic and protected plants and animals. There are treasures such as rare species of flora and fauna found only at Mount Kinabalu or wondrous geological formations such as Mulu Caves. Even Taman Negara, the world's oldest rainforest, estimated at 130 million years old can be found here.

Malaysia offers varied experiences to satisfy the nature lovers' quest. There is an exciting choice of activities for all ages and groups – from amateurs and families to the serious enthusiasts and professionals.

Places of interest:

- [Taman Negara](#)
- [Lake Kenyir](#)
- Belum Rainforest
- [Mount Kinabalu](#)
- Mulu Caves

Pahang

Pahang is the largest state in Peninsular Malaysia. Nearly two-thirds of the state is enveloped in verdant rainforest, making it a magnificent enclave of lush greenery, exotic wildlife and natural treasures.

Its magnificent natural attractions include Taman Negara, a 130-million-year-old rainforest as well as animal sanctuaries, parks, lakes and waterfalls. Other natural gems include Endau-Rompin State Park and Tioman, an idyllic island.

Pahang's capital city is Kuantan, a bustling township with interesting sights.

Come, enjoy this Gift of Nature today!

Places of Interest:

- [Taman Negara \(National Park\)](#)
- [Tioman Island](#)
- [Cameron Highlands](#)
- [Genting Highlands](#)
- [Bukit Tinggi \(Berjaya Hills\)](#)
- Endau Rompin State Park – The untouched wilderness at the Endau-Rompin State Park is one of the country's last remaining lowland dipterocarp forests. This is the second-largest national park in the peninsula and it straddles across the states of Pahang and Johor (in the southern region). Spread over 80,000ha, the park is home to a plethora of exotic plants and animals. Within the

area, the nearly-extinct Sumatran rhinoceros, tigers, elephants and tapirs roam free. To protect the environment, only certain areas of the huge park are open to tourists. Permits must be obtained before entering this nature reserve. Trekkers are advised to get the services of forest rangers.

- National Elephant Conservation Centre – One of the best attractions in the state, this centre offers a chance for visitors to come up close with Malaysian elephants (*Elephas maximus*). Established in 1989, the centre is dedicated towards rescuing and translocating elephants. The centre is the only one of its kind in the country and it aims to educate the public on the importance of conservation and protection. The best times for a visit are when the elephants are fed or taken to the nearby stream for a bath. Activities are held from 2.00pm to 3.45pm. Kuala Gandah is situated about 40km from Bentong.
- Deeland Park Lanchang – Adorable deer, ostriches and peacocks are among the ‘stars’ at this delightful park. The 4.5ha park is a sanctuary for these animals that roam freely amidst the tropical vegetation. Similar to a petting zoo, visitors can feed the animals with sweet potatoes and food given by the staff. Much of Malaysia’s herbs and medicinal plants are also found here and a walk along the Herb Trail gives visitors a chance to take a closer look. Accommodation is available at the Bukit Rengit Institute of Conservation Biodiversity.
- Fraser’s Hill – Nestled prettily amidst the Pahang rainforest is the little hamlet of Fraser’s Hill. Akin to a little Scottish village, Fraser’s Hill is characterised by granite coloured mock-Tudor houses and colonial-style buildings. The hill resort exudes a nostalgic charm, almost as if visitors have been taken

back in time, to a bygone era. At 1,524m above sea level, the highland resort is a naturalists' paradise boasting a wide range of plants, birds and animals. Fraser's Hill is ideal for visitors who are interested in gentler pursuits.

- Cherating Beach – Fringed by the waters of the South China Sea, Cherating Beach offers a quiet holiday amidst a rustic atmosphere. The shore is lined by hotels and resorts catering to all budgets, from backpacker's inns to luxury beach resorts. Just nearby is Kampung Cherating, a tranquil Malay village that sits prettily amidst swaying palms and tropical vegetation. Cherating Beach is about 47km north of Kuantan. Other popular beaches in the vicinity are Chendor, Teluk Chempedak and Balok.
- Premium Outlets Genting Highlands
- Twentieth Century Fox World Genting Highlands (Coming in 2016)
- The Royal Town Of Pekan
- Sungai Lembing Museum
- Chendor Turtle Hatchery and Conservation Centre